CAULFIELD LAC CUP

Sunday 14th November 2010

VENUE: Duncan Mackinnon Reserve, cnr North & Murrumbeena Rds Murrumbeena
[Mel ref 68 K9]

START TIME: 1st events 9.30am SHARP – Marshall at 9.15am

ENTRY FEE: U6 & U7 - 4 events $20 or $6 per event (max 4 events)
U8 to U15 - 5 events for $25 or $6 per event (max 5 events)

SEND TO: **CAULFIELD LAC OPEN DAY**
P.O BOX 182
Carnegie VIC 3163
*(Please no cash in mail, payment by cheque or money order to **CAULFIELD LAC**)*
Closing last mail Saturday 6 November 2010 – no late entries taken

UNIFORM: Centre or Club uniform with **VLAA REGISTRATION PATCH** must be worn.

AWARDS: Medals will be awarded to the best 3 placed competitors in each event/final
Ribbons for remaining finalists.

RULES: Athletes may progress one age group if the preferred event is not offered in their age group. Spikes may be worn by U12 athletes and above in laned & jump events only. Starting blocks will be provided for athletes from U12 and above. We reserve the right combine age groups and medals will be awarded for correct age groups.
No protest will be entered into. Venue's official decision will be final.

WEATHER: Rain, hail or sunshine Caulfield LAC go ahead with the open Day. For safety of the athletes in extreme weather rain, hail etc… some events maybe cancelled due to dangerous conditions but where appropriate CLAC will go ahead with as many events as possible.

The Caulfield LAC Cup is awarded to a centre with the highest aggregated results.

A variety of hot and cold food and drinks will be available on the day.
Further information closer to the date at www.caulfieldlittleaths.org.au
Information Contacts: Russell Harper 0437102025 or email: openday@caulfieldlittleaths.org.au

Age Group													
U/6	70m		200m						LJ				SP
U/7	70m		200m						LJ			DIS	SP
U/8		100m	200m		80h	800m			LJ			DIS	SP
U/9		100m	200m	400m	80h			1100w	LJ		HJ		SP
U/10		100m	200m		80h	800m			LJ	TJ		DIS	
U/11		100m	200m	400m	80h			1500w	LJ		HJ		SP
U/12		100m	200m		80h	800m	1500m		LJ	TJ		DIS	
U/13		100m	200m	400m	80h			1500w	LJ		HJ		SP
U/14		100m	200m		80h/90h	800m	1500m		LJ	TJ		DIS	
U/15		100m	200m	400m	90h/100h	800m		1500w	LJ	TJ	HJ		SP

Please return the portion below, and circle your events entered above and keep for your own reference.

Total payment of $…… Parent/GuardianName……

Centre…… Email…… Phone……

Address…… Signature……

Are you able to help as an official on the day Yes…..... (tick) Event……..

Athletes Name	Age Group	Boy / Girl	Event 1	Event 2	Event 3	Event 4	Event 5